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## DISTRICT 29 NEWSLETTER

### 4<sup>th</sup> QUARTER 2022

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*Recovery, Unity, Service — these are the Three Legacies given to the whole membership of A.A. by its founders and their fellow old-timers.*

## RECOVERY

*“We have but one primary purpose: to stay sober ourselves and to help others who may turn to us for help in achieving sobriety.”*

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### 12 Tips for Staying Sober for the Holidays

1. Fill your calendar with AA service work.
2. Host your sober friends, especially newcomers.
3. Keep an AA phone list with you.
4. Find out if your home group is having a holiday meeting or celebration.
5. Skip drinking events that make you nervous.
6. If you can't skip it, bring a sober friend and candy.
7. And don't feel obligated to stay late. Make plans to leave a decent time.
8. Find a meeting or go to church if you need to get away.
9. Don't just sit around... read... go to a museum.
10. Don't future trip. Remember it is “one day at a time”.
11. Enjoy the beauty of holiday love.
12. Carry the message and pay your joy forward.

ADAPTED FROM BOX 4-5-9

### Save the Date

#### Area Birthday Night- New Location/Date

First Presbyterian Church,  
300 Burleson Street  
Smithville, TX

November 26                      6:30 pm to 9pm

*Ham, brisket, coffee, and iced tea will be provided. Please bring a covered dish or bring a dessert*

## Group Events and Updates

### Elgin Group

Birthday night is the last Friday of the month: 6pm fellowship/potluck and meeting at 7pm.

### OTC

Speaker night is 1<sup>st</sup> Saturday of the month. Birthday night is the 3<sup>rd</sup> Saturday of each month: fellowship/meal at 7pm and meeting at 8pm.

### Lost Pines Group

Tuesday 7pm meeting is still being held on Zoom. Thursday 7pm meeting is in person. Speaker meeting is on the 2<sup>nd</sup> Saturday of each month at 7:00PM.

### Phelan Road Group

New Wednesday Meeting at 6:30pm. Al-Anon in-person meetings started again, Tuesday and Thursday at 7pm.

### LaGrange Gratitude Group

New Tuesday noon meeting will be posted soon. All meetings are being held at Calvary Baptist Church.

### Friday Nite Group

All meetings are now being held at the Mina Masonic Lodge, 601 Main Street, Bastrop, TX.

### Smithville Group

Tuesday Literature Study starts at 7pm, in the basement at the Presbyterian Church, 400 Burleson, Smithville, TX.

### Unless and Until

New group meets Friday at 7:30p and Sunday at 10:30a over Zoom.

## SERVICE

“Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics ...”

- 12 and 12, p. 109

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### GSR Members

Elgin Group- Raoul G  
La Grange Gratitude Group- Mark C  
Lost Pines Group- Sheryl S  
OTC- Open  
Phelan Road Group- Fred L  
A Way Out Group- Dan C  
Unless and Until – Richard G

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### Service Opportunities

To volunteer or for more information, talk to your GSR or attend the next District meeting.

### Bringing Meetings Into Rehabs

Qualifications to carry the message into treatment facilities include good sobriety, personal experience of alcoholism and recovery, cheerful humility, and dependability.

### Bringing Meetings Into Bastrop County Jail

Volunteers needed for 7:30p to 9p on Tuesday (men’s meeting) and Friday (women’s meeting). To volunteer or for more information, talk to Vickie S.



Use QR code to download application or visit <http://district29aa.org/wp-content/uploads/BastropJailVolunteerForm.pdf>.

## Open District Committee Positions:

*Hill Country Intergroup Rep,  
Archives, Literature, PI/CPC*

### Our District 29 Committee Members

DCM- Milan K  
Alt. DCM- David M  
Secretary- Steve B  
Treasurer- Dan C  
PI/CPC- Open  
Corrections (CFC): Vickie S  
Treatment- Anita J  
Archives- Open  
Literature- Open  
Grapevine- Lisa W  
Hill County Intergroup- Open  
Newsletter- Monica S  
Webmaster – Michael B  
Accessibility- Henry R

## UNITY

“Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first.”

- Big Book, p. 563

### District Meeting Dates 2022

All start at 1:30pm

December 11<sup>th</sup> Legacy Group

Visit [district29aa.org](http://district29aa.org)  
for more information.



“I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.” - GSO newsletter, Box 4-5-9